

Murray State Tobacco Policy

Frequently Asked Questions

- **What changes with this policy?**

The primary change, to provide a healthy environment for all, is that the personal use of all tobacco products is prohibited on property that is owned, operated, leased, occupied, or controlled by the University. Tobacco still may be used for research, educational and cultural activities.

- **Who is affected by this policy?**

The policy applies to all faculty, staff, students and visitors to Murray State University and all its regional campuses.

- **What is considered a tobacco product and is prohibited?**

For the purpose of this policy, “tobacco” and “tobacco products” are defined by the Americans for Nonsmokers’ Rights (see <http://no-smoke.org/pdf/modeluniversitypolicy.pdf>) as any substance containing tobacco leaf, including but not limited to, cigarettes, cigars, pipe tobacco, hookah, snuff, chewing tobacco, dipping tobacco, bidis, blunts, clove cigarettes or any other preparation of tobacco; and any product or formulation of matter containing biologically active amounts of nicotine that is manufactured, sold, offered for sale, or otherwise distributed with the expectation that the product or matter will be introduced into the human body by inhalation. This does not include any cessation product specifically approved by the U.S. Food and Drug Administration for use in treating nicotine or tobacco dependence.

- **Can a person smoke/use tobacco products in a car on University property?**

In the policy, a person may not use tobacco products in a vehicle on University property. The purpose is that all the University is tobacco free.

- **What exemptions are allowed?**

Upon special approval by the appropriate Vice President, controlled research on tobacco products, theatrical performances requiring tobacco, educational, clinical and religious ceremonies with tobacco may occur. Specific exemptions of property owned by the MSU Foundation exist as long as the property is not contained within the immediate footprint of the main campus, is not in an enclosed area, is at least 25 feet away from any structure, is not in an area where any instruction is occurring, and no official University

event is being held.

- **What is the University doing to help employees and students who want to quit tobacco products?**

Employees through their health insurance plan have available to them a prescription benefit, Health Services programs. For employees and students, cessation classes through Health Services and multiple opportunities through websites as) **Kentucky quit line** – <https://www.quitnowkentucky.org/> b) **Freedom from smoking** – <http://ffsonline.org/> c) <http://smokefree.gov/> d) <http://www.becomeanex.org/> are provided to help.

- **What compliance components exist?**

Violation of the regulation may result in corrective actions through the appropriate process that includes the *MSU Student Life Policies, Rules and Procedures*; *MSU Personnel Policies and Procedures Manual*; or other regulations and policies.

- **Can one use personal tobacco products on the sidewalks?**

The sidewalks adjacent to Murray State (touching Murray State property) are in the boundary of Murray State. Hence, they are zones that are deemed free of the use of personal tobacco or tobacco-like products.